

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Shelby

LCC Name: Shelby County Drug Free Coalition

LCC Contact: Lori Springer

Address: 54 W Broadway Street Suite # 2

City: Shelbyville

Phone: 317\*398\*3135

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County Commissioners: Chris Ross, Kevin Nigh, Jason Abel

Address: 25 W. Polk St.

City: Shelbyville

Zip Code: 46176

## Vision Statement

What is your Local Coordinating Council's vision statement?

A community who comes together to end substance abuse and promote positive healthy decisions.

## Mission Statement

What is your Local Coordinating Council's mission statement?

To provide an organization through which the community can develop, plan, and implement coordinated, comprehensive efforts to address adult and youth substance abuse and to reduce the negative effects associated with such abuse.

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	<b>Amber Knopp</b>	<b>Ivy Tech College</b>	<b>Caucasian</b>	<b>Female</b>	
2	<b>Melissa Gharst</b>	<b>Shelby Co County Probation Department</b>	<b>caucasian</b>	<b>Female</b>	<b>State, local and or tribal government agency 4</b>
3	<b>Marci Hungerford</b>	<b>Major Hospital</b>	<b>Caucasian</b>	<b>Female</b>	<b>Health</b>
4	<b>Charlie Taylor</b>	<b>Shelby County Sheriff Department</b>	<b>Caucasian</b>	<b>Male</b>	<b>Law Enforcement</b>
5	<b>Brad Landwerlen</b>	<b>Shelby County Prosecutor</b>	<b>Caucasian</b>	<b>Male</b>	<b>Law Enforcement</b>
6	<b>Dawn Houchin</b>	<b>Jane Pauley Health Clinic</b>	<b>Caucasian</b>	<b>Female</b>	<b>Medical</b>
7	<b>Amber Maurice</b>	<b>Triton Central Middle School</b>	<b>Caucasian</b>	<b>Female</b>	<b>Mental Health</b>
8	<b>Whitney Moore</b>	<b>Waldron Jr/Sr High School</b>	<b>Caucasian</b>	<b>Female</b>	<b>Education</b>
9	<b>Mollie Collins</b>	<b>Shelbyville High School</b>	<b>Caucasian</b>	<b>Female</b>	<b>Education</b>
10	<b>Kim Williams</b>	<b>Southwestern High School</b>	<b>Caucasian</b>	<b>Female</b>	<b>Education</b>
11	<b>Carolyn Dugan</b>	<b>Southwestern High School</b>	<b>Caucasian</b>	<b>Female</b>	<b>Education</b>
12	<b>Sarah Dudley</b>	<b>Department of Child and Family Services</b>	<b>Caucasian</b>	<b>Female</b>	<b>State, local and or tribal gov</b>

13	<b>Ali Brunner</b>	<b>Shelbyville Community Church</b>	<b>Caucasian</b>	<b>Female</b>	<b>Faith Based</b>
14	<b>Stephanie Jones</b>	<b>Shelbyville Community Church</b>	<b>Caucasian</b>	<b>Female</b>	<b>Faith Based</b>
15	<b>Courtney Chapella</b>	<b>S. C. Chamber of Commerce</b>	<b>Caucasian</b>	<b>Female</b>	<b>Business</b>
16	<b>Tessie Hagerman</b>	<b>Retired</b>	<b>Caucasian</b>	<b>Female</b>	<b>Parent</b>
17	<b>Keyen Macklin</b>	<b>City of Shelbyville</b>	<b>Black</b>	<b>Female</b>	<b>State, local and or tribal gov</b>
18	<b>Amanda Bishop</b>	<b>SCDFC</b>	<b>Caucasian</b>	<b>Female</b>	<b>Civic</b>
19	<b>Merry Popplewell</b>	<b>Shelbyville Community Church</b>	<b>Caucasian</b>	<b>Female</b>	<b>Faith Based</b>
20	<b>Harlan Nigh</b>	<b>Word in the Woods (Christian Life Centre)</b>	<b>Caucasian</b>	<b>Male</b>	<b>Faith Based</b>
21	<b>Ernie Bishop</b>	<b>SC Library</b>	<b>Caucasian</b>	<b>Male</b>	<b>Business</b>
22	<b>Jeremiah McAdams</b>	<b>Shelby Co County Probation Department</b>	<b>Caucasian</b>	<b>Male</b>	<b>State, local and or tribal gov</b>
23	<b>Sandra Hall</b>	<b>Shelby Co County Health Department</b>	<b>Caucasian</b>	<b>Female</b>	<b>State, local and or tribal gov</b>
24	<b>Marsha Fisher</b>	<b>Shelbyville Community Church</b>	<b>Caucasian</b>	<b>Female</b>	<b>Faith Based</b>
25	<b>Claudia Sanchez</b>	<b>Turning Point Domestic Violence</b>	<b>Caucasian</b>	<b>Female</b>	<b>Other Organizations with experience in substance abuse</b>

### **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year:  
 January February March April May June August September October November December. If there is a conflict of scheduling, we may cancel a meeting to accommodate schedules.

## **II. Community Needs Assessment**

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and*

*misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

## Community Profile

County Name	Shelby
County Population	44,500
Schools in the community	4 school districts = 7 elementary schools, 5 Middle Schools and 5 High Schools
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)	2 MHP (Major Hospital and Priority Care), Jane Pauley Community Health Center, VA Shelbyville Campus
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)	<p><b>Community Behavioral Health</b> (Gallahue) 317-392-2564 7 E Hendricks St, Shelbyville, IN 46176</p> <p><b>Community Outreach &amp; Network Services</b> 317-926-5463 1 Howard St, Shelbyville, IN 46176 <a href="http://www.consindy.org/index.html">www.consindy.org/index.html</a></p> <p><b>ER Counseling LLC</b> 317-680-0500 54 W Broadway St Suite 6, Shelbyville, Indiana 46176 Individual, Family and Group Accepts Medicare and most insurance</p> <p><b>FHL Christian Counseling</b> 317-683-7089 <a href="http://www.fhlchristiancounseling.com">www.fhlchristiancounseling.com</a></p> <p><b>Jane Pauley Community Health Center</b> 317-421-6060 1640 IN-44, Shelbyville, IN 46176 <a href="http://www.janepauleychc.org">www.janepauleychc.org</a></p> <p><b>Katera Huff, LCSW</b> 812-618-1440 1620 S Miller St, Shelbyville, Indiana 46176</p> <p><b>Liz Owens, LCSW</b> 317-662-2604 1620 S Miller St, Shelbyville, Indiana 46176</p> <p><b>Major Psychology Services</b> 317-392-2971 2325 Intelliplex Dr Suite 207, Shelbyville, IN 46176 <a href="http://www.mymhp.org/psych">www.mymhp.org/psych</a></p> <p><b>Tides of Life</b> 317-398-8361 16 Public Square, Suite A-5, Shelbyville, IN 46176 <a href="http://www.tidesoflifecounseling.com/index.html">www.tidesoflifecounseling.com/index.html</a></p> <p><b>Shelbyville VA Clinic</b> 317-988-1772 30 W Rampart Rd, Shelbyville, IN 46176</p>

Service agencies/organizations

<b>Department of Child Services (CPS/DCS)</b> 2535 Parkway Dr, Suite 1, Shelbyville, IN 46176	317-392-5040
<b>Family Services and Prevention Programs</b> 2021 S Riley Hwy, Shelbyville, IN 46176 <a href="http://www.fspp.org">www.fspp.org</a>	317-398-0955
<b>Shelby County Youth Assistance Program</b> 10 W Polk St. Shelbyville, In 46176	317-392-3722
<b>WIC Program of Shelby County</b> 37 E Washington St, Shelbyville, IN 46176	317-398-3002
<b>Connect2Help (2-1-1)</b>	211
<b>Shelby County Division of Family Resources</b> 2565 Parkway Dr Suite 2, Shelbyville, IN 46176	317-398-3957
<b>Supplemental Nutrition Assistance Program (SNAP)</b>	
<b>Shelby County Health Department</b> 1600 E St Rd 44, Shelbyville, IN 46176 <a href="http://www.health.shelbycounty73.us">www.health.shelbycounty73.us</a>	317-392-6470
<b>Society of St. Vincent de Paul Shelby County</b>	317-395-7027
<b>ER Counseling LLC</b> 54 W Broadway St #6, Shelbyville, IN 46176 Individual, Family, Group options	317-680-0500
<b>Turning Point (Shelbyville)</b>	

Local media outlets that reach the community

Shelbyville Newspaper, Radio Giant 98

What are the substances that are most problematic in your community?

Marijuana, Alcohol and Tobacco

List all substance use/misuse services/activities/programs presently taking place in the community

**Shelby County Drug Free Coalition Youth Council:**

Leadership, monthly meetings, community and events

**Shelby County Drug Free Coalition Community Education Campaigns:** prevention/education, community events. Red Ribbon Prescription & OTC and Orange Ribbon Alcohol Awareness. Funding is used to provide meals at these events. DFC funding is also used for other items at the community functions.

**ER Counseling:** To provide treatment and intervention for clients that do not have insurance, do not qualify for Recovery Works, and cannot afford to pay even with a sliding fee scale.

**Jane Pauley Community Health Center:** As a federally qualified health center, The Jane Pauley Community Health Center serves the Shelby County area and is an important partner for The Shelby County Drug-Free Coalition/Drug-Free Shelby County. Given the challenges many communities face relative to lower socioeconomic status, higher disease burden, and lower health care reimbursement rates, safety net providers like Jane Pauley work closely with the Shelby County Drug-Free Coalition / Drug-Free Shelby County to best serve our communities. We will continue to partner our two organizations to improve substance use disorders, alcohol use disorders, and tobacco addiction problems of the families that we serve. All patients are screened for substance, alcohol, and tobacco Use. Thanks to our partnership with the Shelby County Drug-Free Coalition / Drug-Free Shelby County, we can offer additional resources to our patients. Both of our organizations are working together to build a healthier community.

**Treatment Incidentals:** Helping people coming out of jail that are having problems finding the means to pay for treatment. Aiding people as they start on their long road to recovery.

**Turning Point Domestic Violence:** To support the agency's treatment program in Shelby County. Victims of domestic violence who struggle with alcohol and/or substance abuse. Treatment sessions address drug, alcohol and OC/prescription drug abuse as it relates to the victimization and associated high risk of use and abuse by both adult victims and their children in violence filled situations.

**Shelby County Probation:** The project will serve all juveniles and adults actively on Probation, as ordered through the Courts. There are approximately 1100 adults and 50 Juveniles on Probation in Shelby County. Since January 1, 2019 there have been 80 new alcohol and drug assessments ordered. This program will offer positive reinforcement to these individuals in order to have more.

**The Bridge Ministries:** Provides hope by rebuilding lives restoring families and revitalizing our community. Community care, Faith Based Recovery, Counseling and Leadership.

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family

substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods;-youth programs; positive connection to adults.<sup>1</sup>

<b>Risk Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Limited prevention resources in Shelby County	1.Girls Inc. Too Good for Drugs 2.Shelbyville Central Schools Too Good for Drugs 3.Shelby County Library Resources	1. Lack of programs in Shelby County 2. Lack of state and local funding in Shelby County for afterschool programs 3. Lack of financial resources for prevention resources
2. Alcohol Availability within the community	1.Too Good for Drug programs in the Shelbyville Central schools 2. Shelby County Youth Assistance Program 3. Teen al anon	1.Lack of education resources in county schools 2.Easy access to alcohol 3.Not enough fun activities for youth to do in the community
3. Low Parental disapproval for the use of marijuana	1. Parental education 2. Triton Middle School, mentoring group. "Making the right choice." 3.Community education events	1.Lack of parental connectedness 2.Lack of parental monitoring 3.Lack of family connections
<b>Protective Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Alcohol activities	1. SADD Group activities 2. After Prom Events 3. Youth Council -2 High Schools are active	1.Not all students are involved 2.These activities are great, but they are only held once a year 3.Need to continue to be present in all 5 High Schools
2.Anti-Drug Activities	1.Youth Assistance Program 2.Landing Zone 3.Youth Council Activities	1.Limited to one school 2.Not all students are aware or willing to attend

		3. Not all students participate
3. Anti-Tobacco Activities	1.Escape Room 2.Kick Butts Activities 3.Youth Council Activities	1.Need more creative learning experiences 2. Not all students participate 3. Not all students participate

### III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Alcohol is readily availability within the community	1.ATOD school funding has been cut  2.The majority of domestic violence involve alcohol  3.Shelby County youth and adults are driving or riding with those who are under the influence of alcohol
2. Marijuana is not viewed as having harmful effects	1.Students report marijuana is very easy to obtain  2 Marijuana is perceived to be harmless by adults as well as youth

	3. Availability of treatment is difficult or impossible for those with inability to pay
3. Tobacco, smokeless tobacco and electric vaping products use is continuing to increase	<p>1. There is an increase in the number of e-cigs being used by students and young adults</p> <p>2. Tobacco use in Shelby County is reflected in the high number of ER visits due to breathing and other lung problems</p> <p>3. Tobacco, smokeless tobacco and electric vaping products are easy to obtain through family, friends, local retail outlets or online ordering.</p>

**Step 2: Evidence-Informed Problem Statements**

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

<b>Problem Statements</b>	<b>Data That Establishes Problem</b>	<b>Data Source</b>
<b>1. Underage Drinking is a problem in Shelby County</b>	<p>17.9% High School Juniors report misuse of Alcohol in the past 30 days. 9.6% Report Binge drinking in the past 30 days.</p> <p>According to local officials, community assessments and police reports domestic violence is much higher in chemically dependent families.</p> <p>According to Shelby County Sheriff Reports there were 92 arrest for Driving under the influence in 2022.</p>	<p>Indiana Youth Survey ATOD 2022</p> <p>Turning Point Domestic Violence Reports</p> <p>Shelby County Sherriff 2022</p>
<b>2. Marijuana Use is a problem in Shelby County</b>	<p>19.5% High School Senior report misuse of Marijuana in the past 30 days.</p> <p>Inventory to include data sharing/goal setting to create ATOD evidence-based practices specific to each small group.</p>	<p>Indiana Youth Survey ATOD 2022</p> <p>Social and Emotional Learning Inventory (Triton Central Schools)</p> <p>Shelby County Sherriff 2022</p>

	According to Shelby County Sheriff Reports there were 66 marijuana related arrests made in 2022.	
<b>3. The health burden of tobacco use in Shelby County is alarming.</b>	<p>26.8 %of High School Seniors report that they have used a tobacco product in the past 30 days.</p> <p>Tobacco and nicotine use continues to be present in patients who were treated in the Major Hospital Emergency Department</p> <p>An increase in students having vaping device and being ticketed by the resource officers at school.</p>	<p>Indiana Youth Survey ATOD 2022</p> <p>MHP yearly data report</p> <p>School administration/resource officers’ reports</p>

**Step 3: Brainstorm**

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

<b>Problem Statements</b>	<b>What can be done (action)?</b>
<p>1. <b>Underage Drinking is a problem in Shelby County</b></p>	<p>1.Encourage and support education/prevention efforts at all levels for youth, parents/adults</p> <p>2.Encourage and support efforts to provide services and treatment</p> <p>3.Encourage strict enforcement, prosecution and penalties for offenders</p>
<p>2. <b>Marijuana Use is a problem in Shelby County</b></p>	<p>1. Provide education to the public about the dangers of short- and long-term effects of marijuana</p> <p>2. Treatment availability to those that don’t have the ability to pay</p> <p>3. Support and increase funding for law enforcement and other community partners</p>
<p>3. <b>Tobacco Use is a problem in Shelby County</b></p>	<p>1.Conduct youth and adult community informational sessions</p>

	<p>2. Support and encourage programs that help people to stop using tobacco products</p> <p>3. Increase enforcement efforts against establishments (websites) that sell tobacco products to minors</p>
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**Step 4: Develop SMART Goal Statements**

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1</b>	
Goal 1	Reduce the number of underage alcohol related incidents in Shelby County by 2% by March 2024.
Goal 2	Decrease the number Students that report that it is very easy to obtain alcohol on the Indiana Youth Survey by 5% by March 2024.
<b>Problem Statement #2</b>	
Goal 1	Increase the number of people who understand the long-term dangers of Marijuana by 8% by March 31, 2024.
Goal 2	12 <sup>th</sup> graders will report a 6% increase for Perception of Parental disapproval for the use of marijuana on the Indiana Youth Survey March 31, 2024.
<b>Problem Statement #3</b>	
Goal 1	Youth in grades 6-12 will report a 10% decrease for perception of peer use for cigarettes on the Indiana Youth Survey by March 31, 2024.
Goal 2	Conduct eight or more presentations on Point-of-Sale advertising to youth and adult audiences using data from the current STARS survey by March 31, 2024.

## Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
<p>Goal 1</p> <p>Reduce the number of underage alcohol related incidents in Shelby County by 2% by March 2024.</p>	<ol style="list-style-type: none"><li>1. Support local SADD organizations in programming addressing underage drinking</li><li>2. Discourage social acceptance of alcohol misuse by promoting education through local media, social media and community activities</li><li>3. Support programs that reduce underage drinking.</li></ol>
<p>Goal 2</p> <p>Decrease the number Students that report that it is very easy to obtain alcohol on the Indiana Youth Survey by 5% by March 2024.</p>	<ol style="list-style-type: none"><li>1. Provide education for parents and other adults of the consequences of providing alcohol to underage youth.</li><li>2. Social Media campaign educating against the dangers of underage alcohol use.</li><li>3. Provide financial assistance for the enforcement and adjudication of alcohol misuse.</li></ol>
Problem Statement #2	Steps
<p>Goal 1</p> <p>Increase the number of people who understand the long-term dangers of Marijuana by 8% by March 31, 2024.</p>	<ol style="list-style-type: none"><li>1. Provide financial assistance for evidence-based prevention programs and strategies.</li><li>2. Provide financial assistance for youth serving organizations that educate students regarding the dangers and long-term effects of the use of marijuana and its derivatives.</li><li>3. Encourage community education/awareness of marijuana use.</li></ol>

<p>Goal 2</p> <p>12th graders will report a 6% increase for Perception of Parental disapproval for the use of marijuana on the Indiana Youth Survey March 31, 2024.</p>	<ol style="list-style-type: none"> <li>1. Provide parental information regarding the dangers and long-term effects of the use of marijuana and its derivatives.</li> <li>2. Provide forums to educate parents/adults about the risk of marijuana use</li> <li>3. Services for children and family members to break the cycle of drug abuse.</li> </ol>
<p><b>Problem Statement #3</b></p>	<p><b>Steps</b></p>
<p>Goal 1</p> <p>Youth in grades 6-12 will report a 10% decrease for perception of peer use for cigarettes on the Indiana Youth Survey by March 31, 2024.</p>	<ol style="list-style-type: none"> <li>1. Conduct focused presentations on POS, E-cigarettes, Quitline and other tobacco products to school staff and officials</li> <li>2. Supply literature about the Quit line</li> <li>3. School Based activities</li> </ol>
<p>Goal 2</p> <p>Conduct eight or more presentations on Point-of-Sale advertising to youth and adult audiences using data from the current STARS survey by March 31, 2024.</p>	<ol style="list-style-type: none"> <li>1. Orange Ribbon Breakfast Presentation targeted toward POS data from the STARS survey</li> <li>2. Community e-cigarette and POS Presentation</li> <li>3. Adult and Youth Tobacco and e-cigarette Presentations</li> </ol>

**IV. Fund Document**

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

<p><b>Funding Profile</b></p>		
<p><b>1</b></p>	<p>Amount deposited into the County DFC Fund from fees collected last year:</p>	<p>\$65,281.80</p>

<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$0.00
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$65,281.80
<b>4</b>	Amount of funds granted last year:	\$74,386.04
<b>Additional Funding Sources (if no money is received, please enter \$0.00)</b>		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$50,000.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$90,000.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
<b>Categorical Funding Allocations</b>		
Prevention/Education: \$16,320.45	Intervention/Treatment: \$16,320.45	Justice Services: \$16,320.45
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$4,166.94
Office supplies		\$12,153.51
<b>Funding Allocations by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$8,451.51	Goal 1: \$9,219.64	Goal 1: \$11,842.56
Goal 2: \$6,914.74	Goal 2: \$6,146.61	Goal 2: \$6,386.29